

Junior High Summer Conditioning Schedule

Summer weights and conditioning:

- Mondays, Tuesdays, Thursdays: Boys (*all sports*) 8am-9am @ JH
 - Starts June 5th-June 29th
 - Off week of July 3rd-July 7th
 - Back on for 2 weeks- July 10th - Last day July 20th

Junior High Summer Basketball Schedule

Summer Basketball Open Courts- Shootout:

- Mondays 9am- 10am @JH Gym, Wednesdays 1pm-2pm @JH Gym
 - Starts June 5th-June 29th
 - Off week of July 3rd-July 7th
 - Back on for 2 weeks- July 10th - Last day July 20th

-Tri Lakes Shootouts- Times and Cost To Be Announced

- June 5-6 in Branson- Location TBA

- June 14-15 in Branson- Location TBA

-Remind Sign up for Summer Basketball- This is how I will communicate all basketball info during the Summer... Sometimes we have to cancel, be in the loop! Please only sign up one family member for Remind or the account will become overloaded.

Text: 81010

Message: @befga8a

Junior High Summer Football Schedule

Summer Football Open Fields-Camp:

- Tuesdays, Thursdays 9am- 10am @JH Practice Field- Bring football cleats
 - Starts June 5th-June 29th
 - Off week of July 3rd-July 7th
 - Back on for 2 weeks- July 10th - Last day July 20th

-JH Football Camp- July 10th-12th- 5:30pm-7pm @JH Practice Field- Bring Cleats

-JH Football Equipment Checkout- August 11th- Time TBA

-Remind Sign up for Summer Football- This is how I will communicate all football info during the Summer... Sometimes we have to cancel, be in the loop! Please only sign up one family member for Remind or the account will become overloaded.

Text: 81010

Message: @k3fdb9